

Mental Health First Aid

Youth



Instructors: *Tiffany James & Michelle Downs*

December 19, 2019
8:30AM - 5:00PM
Room 1016
Registration will begin at 8:00am

Youth MHFA introduces participants to unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge.

This course uses role-playing and simulations to demonstrate how to offer initial help in a mental health crisis and connect persons to the appropriate professional care.

Target Audience: *All support staff (clinic, administrative, fiscal, etc), peers, nursing staff, Substance Abuse interns, and volunteers who have limited mental health experience and work with or may have contact with young people ages 12-18.*

RUHS-BH Staff - Please register for this course via COR at <http://corlearning.rc-hr.com>

All other interested partners, please visit www.rcdmh.org/wet

Location: 2085 Rustin Avenue • Riverside, CA • 92507